

broadsword and singlestick with pdf

Weapon. The singlestick itself is a slender, round wooden rod, traditionally of ash, with a basket hilt. Singlesticks are typically around 36 inches (91 cm) in length and 1 inch (2.5 cm) in diameter and thicker at one end than the other. It bears approximately the same relationship to the backsword as the foil to the small sword in being a sporting version of the weapon for safe practice.

Singlestick - Wikipedia

A backsword is a type of sword characterised by having a single-edged blade and a hilt with a single-handed grip. It is so called because the triangular cross section gives a flat back edge opposite the cutting edge. Later examples often have a "false edge" on the back near the tip, which was in many cases sharpened to make an actual edge and facilitate thrusting attacks.

Backsword - Wikipedia

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Rudis Sword stand - Purpleheart Armoury

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Description. Morphologiquement, le gourdin est un grand bâton dont l'extrémité est plus lourde et épaisse, dite contondante, fait pour frapper brutalement son adversaire ou toute autre chose. Il est généralement utilisé à une main, néanmoins il existe des gourdins nécessitant d'être manipulés à deux mains, d'où le nom Quarterstaff (en) par les anglophones.

Gourdin « Wikipedia

Chen Shen-Pu's Taijiquan Short Staff 74 Form. Taught by Shifu Jiang Jian-ye, 1950-. The title on the DVD is "Traditional Chen Family Tai Chi Short Staff." This 74 movement form was created by Grand Master Chen Shen-Pu, 1902-2000.

Cane Exercises and Self-Defense: Guides, Bibliography

La canne de combat est un sport de combat français de percussion. Il se pratique à l'aide d'un objet contondant, la canne, un bâton de châtaignier de 95 cm de long avec lequel le « tireur » doit toucher son adversaire sans être lui-même touché. Les premières traces écrites de théorie concernant la manipulation de cannes et bâtons en Occident remontent à la fin du Moyen Âge.

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